



ARTISTIC WORKS
DENTISTRY

EXTRACTION

Follow the recommendations below to maximize comfort and overall healing.

Things to expect after treatment:

- May experience swelling for the first forty eight hours.
- *To reduce swelling you may apply an ice pack to the treated area for the first six hours following the procedure - twenty minutes on, twenty minutes off.
- Discomfort after extraction is normal. The initial healing period typically takes one to two weeks.
- A blood clot will form on the extraction site, this is normal and is vital to the healing process. Avoid touching the area with your tongue or fingers. Do not **suck** liquids through a straw. Blowing your nose or sneezing may dislodge the blood clot, in this case be sure to have appropriate sinus medication on hand if you have an upper respiratory infection or allergies.
- Do not drink alcohol for 48 hours after extraction. Smoking should also be avoided, as it will significantly affect the healing process.
- Do not rinse mouth for 12 hours after extraction. Avoid **swishing** liquid in your mouth and **spitting** for 48 hours after procedure.
- Keep your head elevated to control bleeding.
- If antibiotics were prescribed, continue to take them for the indicated length of time, even if all symptoms and signs of infection are gone.
- Once the numbness has worn off, you should eat. Nourishment is essential to the healing process. A recommended diet consists of yogurt, soup, ice cream, or soft-cooked eggs for the first forty-eight hours. Drink at least eight large glasses of water or fruit juice daily.
- Change the gauze as necessary, using them until the bleeding stops completely.
- Dry socket may occur after any dental extraction. Usually occurs 48 hours after surgery and last for 10-14 days.
- **Do not suck, swish, or spit for 48 hours after the procedure.**

Notify our office if any of the following occurs:

- Heavy bleeding develops. This may be expected if the gauze is heavily saturated with blood 2 hours following treatment. Oozing is normal, heavy bleeding is not.
- Bleeding from the socket occurs after 18 hours of treatment.
- Severe pain is present at the extraction site after 24 hours.
- Elevation of temperature over 101 F develops.

(713) 647-6453

www.artisticworksdentistry.com

Our mission is 'To assist others in achieving optimal dental health by providing high quality services that proved long term oral health'.